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Meridian, MS
Permit No. 1022

November 10, 2012

10k Trail Run • 5k Road Race
2 Mile Walk • Fun Run

Bonita Lakes
Meridian, Mississippi
Races Start at 8 a.m.

Proceeds benefit
Hope Village for Children

2000 15th Street
Meridian, MS 39301

General Information

Time/Finish System/Results

Computer based timing using pull tabs will be used for all races. Results will be posted online at meridianathletic.com, bonitarunningclub.com and athlinks.com. Runners times will be immediately available at the finish line on a large digital clock.

There will be one finish zone. Runner's number must be visible throughout the race. Failure to have a number pinned to the FRONT of your shirt or shorts will disqualify you.

All runners who cross the finish line must go through the chute. Stay in line once in the chute. DO NOT LEAVE THE CHUTE EXCEPT THROUGH THE OFFICIAL EXIT unless for medical emergency. Once you enter the chute remove your information stub and give it to the race official at the end of the chute.

Pre-Registration

You can register by mail, on the internet at www.raceit.com, or in person at Anderson Regional Health and Fitness Center. THE FIRST 200 RUNNERS AND WALKERS WHO REGISTER BEFORE NOVEMBER 1 WILL RECEIVE DRI-WEAVE T-SHIRTS. We cannot guarantee Dri-Weave t-shirts after that date. We strongly encourage pre-registration to eliminate confusion on race morning.

Registration Fees

Pre-registration forms with fees must be received or post-marked by November 5, 2012. The pre-registration fee for the 10k Run is $20 (MMA Member, $18); 5k Road Race is $20 (MMA Member, $18); 2-mile Walk is $18 (MMA Member, $16); 1-Mile Fun Run is $18 (MAA Member, $16). After November 5 the fee for all races on race day will be $25 for each event. You can register by mail, in person at Anderson Regional Health and Fitness Center, or on the internet at www.raceit.com.

Runners and Walkers Packets

The race packets contain race information, runner's number, safety pins, and T-shirt. Pre-registered runners and walkers may pick up your packet from 8 a.m. - 7 p.m. Wednesday, November 7 or Thursday, November 8, and from 8 a.m. until **NOON** Friday, November 10 at Anderson Regional Health and Fitness Center located at 2000 15th Street (lower level of parking complex). Race day: Pick up your packet and/or register (late registration will apply) from 6:30 - 7:30 a.m. at Bonita Lakes. Please make sure you fill out the information on the runner's number, but DO NOT detach the information stub until you cross the finish line. **Absolutely no registration will be taken after 7:30 a.m. on Race Day.**

Details

Parking is available at the upper lake and boat landing, but the dam will be blocked off at 7:45 a.m. to prepare for the Fun Run. **Please arrive prior to 7:45 if you wish to park at the upper lake or boat landing**. Complimentary beverages, fresh fruit, bagels, and sandwiches will be available to all runners immediately following each race. The Awards Ceremony will be held immediately following the final race of the day.

About the Meridian Athletic Association

The MAA's slogan is "Fitness for Living." The goal of the MAA is to promote fitness specifically through running, biking and swimming. For only $15.00 (individual) and $25.00 (family) you can enjoy all the benefits of being a member of the MAA (including a $2.00 discount on the Run for Hope and other MAA point races). For more information visit www.meridianathletic.com

Awards

10k Trail Run and 5k Road Race: Awards will be given to the top three Male and Female, Masters Male and Masters Female (40-49 years of age). Grandmasters Male and Grandmasters Female (50 years and older). Awards will also be given to the top three finishers in the following age groups: Male 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+; Female 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59).

2-Mile Walk: Awards will be given to the top three finishers in the following age groups: Male 13-20, 21-39, 40-47, 48-55, 56+; Female 13-20, 21-29, 30-39, 40-47, 48-55, 56+.

1-Mile Fun Run: Awards will be given to the top three Male and Female finishers in the following age groups: 1-6, 7-9, 10-12. All participants in the 1-Mile Fun Run will receive a special award as they cross the finish line.

Entry Form

If you would like to register on the internet go to www.raceit.com.
Please print. Complete one entry form for each runner.

Name

Address

City State Zip

Birthday Age

Sex Phone

Email

RELEASE (Mandatory): In consideration of your accepting my entry, I intend to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge Hope Village, Kim Monsour and the Meridian Athletic Association from any and all liability arising from illness, injury and/or damage I may suffer in the event. I have read the entry information provided and certify my compliance by signing below. I also understand entry fees I pay are non-refundable and there will be no confirmation of my entry.

Signature

Parent's Signature (if under 18)

Date

Mail completed entry form with entry fee to:
ARHFC-RUN FOR HOPE
2000 15TH STREET
MERIDIAN, MS 39301

Absolutely NO registrations will be taken after 7:30 am on race day.
ALL RACES BEGIN AT 8 AM.

(For office use only: RACE # _____)

Are you a member of the Meridian Athletic Association (MAA)?
☐ Yes *(If yes, you receive a $2 discount on early registration only.)*
☐ No

Put a check by the correct category below.

	Pre-Registration MMA member	Pre-Registration Non-MMA member	Race Day	Total
☐ 10k Event	$18	$20	$25	_____
☐ 5k Event	$18	$20	$25	_____
☐ 2-Mile Walk	$16	$18	$25	_____
☐ 1-Mile Fun	$16	$18	$25	_____

Specify T-shirt size for participant:
Runners/Walkers who register before Nov. 1 may choose Dri-Weave or Regular shirt. **Dri-Weave t-shirts cannot be guaranteed after November 1.**
_____ Dri-Weave long-sleeved shirt
_____ Regular long-sleeved shirt
Adult: ☐ S ☐ M ☐ L ☐ XL
Youth: ☐ S ☐ M ☐ L

Extra T-shirts are $15 each. Specify quantities and sizes for additional shirts below:
Adults: ____S ____ M ____ L ____XL
Youth ____S ____ M ____ L

_____ additional T-shirts x $15 _____

_____ I would like to make a donation to Hope Village for children

____ $10 ____$25 ____$50 ____$100 ___ other

Grand Total $_____
Make checks payable to Run for Hope.

10k Trail Run, 5k Road Race, 2-Mile Walk and 1-Mile Fun Run Description

1-Mile Fun Run: This Fun Run is an out-and-back loop on the paved access road. This route is flat, safe, and suitable for young children.

10k Trail Run: This 10k course runs the main jeep trail around the upper lake and takes in one lap around the lower lake and back to finish at the boat landing area.

5k Road Race: Start 250 feet behind the 10k Start Line, turn left at the parking lot and stay on the road until you get to the wooden bridge at Bonita Lakes entrance, cross the bridge and make 1 lap around the Lower Lake Track. Exit using the same bridge and return to the 10k/5k finish line via the road.

2-Mile Walk: The 2-Mile walk is out-and-back on a wide, unpaved trail.

Contact Kim Monsour, Race Director at 601-934-2851 or JAHFC at 601-553-6622.

From the Race Director

We're so happy to be in the final planning stages of the 12th Annual Run for Hope! This small dream has grown into a great event with participants from all over the South! Every dollar earned from Run for Hope directly benefits the children from all parts of the state who live on the Hope Village campus. I want to thank each of the runners, the kind sponsors and all the volunteers for your dedication to make this Run successful. We would be unable to do this without you all!

Your contribution through this race makes a huge difference in the life of a child. Mark your calendar and come join the fun at Run for Hope!

Kim Monsour, Race Director

Hope Village for Children

Thank you for participating in the 12th annual Run for Hope! This run is sponsored by the Hope Village for Children's Guild and all proceeds from this event will be used to directly impact the lives of our children. The Guild is made up of volunteers who raise money each year to ensure our children have the opportunity to experience a well-balanced, normal and happy childhood. These opportunities include birthday and holiday parties, summer field trips, athletic uniforms and accessories, exercise equipment, cottage refurbishment, tutors, prom dresses and many other amenities that most of us take for granted. We currently house about 40 children daily, some who will remain with us through high school graduation and beyond. We take great pride in their accomplishments and in their success in overcoming great odds. Many of these accomplishments would not happen without the support of the Hope Village Guild. Your participation in this event ensures they can continue their mission; affecting the lives of children in the most positive way.

Tina Dyess
Executive Director

You can support Hope Village, a United Way Agency, year-round by donating items or shopping at the Once and Again Thrift Shop located at 2716 8th Street, Meridian, MS.
For more information call the Thrift Shop at 601.483.7009 or Hope Village at 601.553.8660.
To learn more about Hope Village for Children, visit our website at www.hopevillagems.org.

Special Thanks
Kim Monsour, Brown Printing Company; Anderson Regional Health and Fitness Center; Meridian Athletic Association; Hope Village for Children Guild and all the other kind people who have helped put this race together!